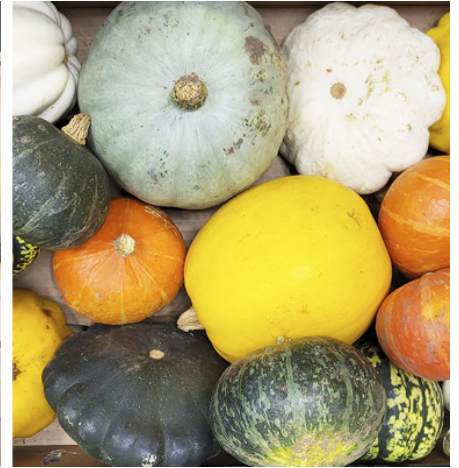


# ALL GREENS

## MARKET REPORT SEPTEMBER 2024



### HIGHLIGHTS

- The first English apples - currently Early Windsor and Robin varieties then moving onto Gala, Cox, russets etc
- English plums - Victoria and Marjorie's Seedling varieties, greengages, damsons
- English soft fruit: strawberries, raspberries, blueberries, blackberries. Strawberries coming to end of season.
- Turkish watermelons - for next few weeks
- Prickly pears - from Italy then Greece and Turkey
- Italian grapes - seeded and unseeded
- Melons - Charentais, Canteloupe, Honeydew
- Courgettes and marrows

- Corn on the cob / sweetcorn (UK)
- Brassicas: cabbage, kale, Cavolo Nero, broccoli, cauliflower (UK)
- Runner beans, broad beans, peas (UK)
- Squashes (UK)

### COMING SOON

- Turkish quince - expected mid month
- Turkish pomegranates
- English pears

### GOING OUT

- Stone fruit: peaches, nectarines, apricots, cherries
- English strawberries
- English peas

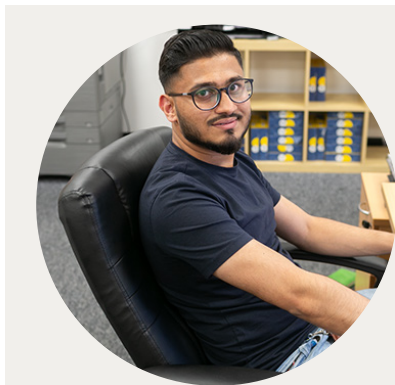
## PRODUCT OF THE MONTH

### Bursa Black Figs

September is a great month for figs. The photo to the right shows a tray of Bursa black figs - freshly picked from the orchards in Turkey.

This special crop is grown in a small area around the city of Bursa, which is a 90-minute ferry ride across the Sea of Marmara from Istanbul.

The fig tree is highly revered and mentioned in the Bible, Koran and Torah. The trees have a remarkable biology in that they are pollinated by a specific variety of flying insect, like a tiny wasp, which flies from the male fig fruit through a tiny hole into the female fig fruit. The trees produce multiple crops so the growers pick over the tree around half a dozen times from August to October.



### MEET THE TEAM: Akhtar Nabu

"I take all of our customers' orders and input them into our computer system. I also add the prices of the products that we purchase, which go up and down. You need good knowledge of the products and be accurate and good with detail. I have been working here for two and half years. I enjoy learning about the products and meeting new people. At this of year, I have been enjoying all the summer fruits - the peaches, nectarines and apricots."

## DAIRY | DRY GOODS | PRE-PREPARED



Don't forget that All Greens also sells a wide range of other products for your kitchen, including dry goods, dairy and staples such as blue roll. Bestsellers include cooking oil, Maldon salt, nuts, Heinz ketchup and Hellmann's mayonnaise. The range extends to specialist lines such as agave syrup, Turkish red pepper flakes and kimchi. Contact us to find out more.

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