

# ALL GREENS

## MARKET REPORT NOVEMBER 2024



### HIGHLIGHTS

- Pomegranates (Turkey) - see below.
- Kaki fruit / persimmon
- English apples - at their best now, including Braeburn and Cox.
- English pears - Comice / Conference
- Citrus: clementines, satsumas, bergamots\*, yuzu\* etc. (S Europe)
- Chestnuts and walnuts
- Winter tomatoes - Marinda, Camone
- Quince (Turkey)
- Squashes - vast range of varieties (UK)
- Brassicas: Brussel sprouts and tops, kales, Cavolo Nero, cabbages, cauliflowers, broccoli, tenderstem, turnip tops, kohlrabi (UK)
- Roots: Jerusalem artichokes, beetroots, parsnips, carrots (UK)
- Bitter leaves: radicchios, puntarelle,

cime di rapa (Italy)

- Prickly pears
  - Cranberries
  - Lychees
  - Wild mushrooms: trompette, girolles, ceps, pied de mouton
- \* = special order

### COMING SOON

- Blood oranges

### GOING OUT

- Figs - now finished and unavailable
- Plums
- European grapes

## PRODUCT OF THE MONTH

### Pomegranates

Pomegranates are a key fruit during the winter months – especially in Turkey, from where we source the bulk of what we sell. We are big fans of the Hicaz variety, which is large in size and has an excellent balance: not too sweet and not too sour. The seeds, too, are small and not tough or bitter so can happily be added to salads etc. It is also good for making molasses.

Historically, pomegranates are native to a region that includes Iran, Afghanistan and northern India. The Arabs later introduced the pomegranate to Spain. The plant is botanically known as *Punica granatum* and is a small deciduous tree.



### MEET THE TEAM:

#### Kamil Demir, Founder of All Greens

"I first came to the UK from Turkey in 1992 and opened my first shop here in 2002. It was called Newington Greens Fruit and Veg. My family are from Adana in the south of Turkey, which is a big city for agriculture. My father had a similar business and when I was about 13 I started to help him buying and selling fruits and vegetables. The valley around Adana has very good soil, with good sun and humidity levels. They can rotate the land maybe four or five times in a year."

## DAIRY | DRY GOODS | PRE-PREPARED



Don't forget that All Greens also sells a wide range of other products for your kitchen, including dry goods, dairy and staples such as blue roll. Bestsellers include cooking oil, Maldon salt, nuts, Heinz ketchup and Hellmann's mayonnaise. The range extends to specialist lines such as agave syrup, Turkish red pepper flakes and kimchi. Contact us to find out more.

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