

# MARKET REPORT APRIL 2025







#### SEASON HIGHLIGHTS

- English Asparagus
- Tropea Onions (Cipolla & Cipollotti Rosa)
- Wild Garlic (UK)
- Fresh Peas (Italy & UK)
- Jersey Royal Potatoes (UK)
- Loquats
- Gariguette Strawberries (France)
- Fresh Almonds
- Yorkshire Forced Rhubarb (UK)
- Aritchokes Spiky\*, Tema\*, Mammole\* (Italy)
- Cime di Rapa\* (Italy)
- Oakleaf Lettuce
- Butterhead Lettuce
- Broad Beans

- Alphonso Mango (India)
- English Asparagus

#### SEASON ENDING

- Purple Sprouting Broccoli
- · Jerusalem Artichoke
- Kumquats
- Radicchio Season (Castelfranco, Treviso, Tardivo, Pink 'Rosa' etc.)
- · Red Meat & Blue Meat Radish
- Brassicas (Cavolo Nero, Kale etc)
- Beetroot (Red, Golden & Candy)
- Winter Tomatoes (Marinda, Camone, Costoluto)
- Savoy Cabbage
- Puntarelle
- Chard (Green & Rainbow)

<sup>\* =</sup> special order

#### PRODUCT OF THE MONTH

### English Asparagus

This month, we're championing English asparagus, particularly the asparagus grown in the Wye Valley which is some of the finest you'll get your hands on. Grown in the mineral-rich soils near the River Wye, these spears are incredibly fresh, sweet, and beautifully tender. They barely need a thing: just a quick blanch or char on the grill, a drizzle of good olive oil, maybe a soft-boiled egg or some shaved pecorino.





## SPOTLIGHT ON:

Ben Rand, Bubala

This month we sat down with Ben Rand, Executive Chef of Bubala, the wildly popular modern Middle Eastern restaurant making serious waves in London. Known for bold, vegled plates and vibrant flavours, Ben brings serious skill and soul to the kitchen. Keep an eye out as the full interview is coming soon along with a super fresh seasonal salad recipe straight from him.

## DAIRY | DRY GOODS | PRE-PREPARED

Don't forget that All Greens also sells a wide range of other products for your kitchen, including dry goods, dairy and staples such as blue roll. Best sellers include cooking oil, Maldon salt, nuts, Heinz ketchup and Hellmann's mayonnaise. The range extends to specialist lines such as agave syrup, Turkish red pepper flakes and kimchi. Contact us to find out more.

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